

MISSION CHURCH OF S. JOHN BAPTIST,
PORTLAND, NEW BRUNSWICK.

HOW TO KEEP LENT.

THE FORTY DAYS OF LENT are set apart by the Church to be kept in memory of our Blessed LORD's life of suffering, and especially of His fasting forty days and forty nights in the wilderness before His temptation.

That time was spent by HIM not only in fasting, but also, we may be sure, in earnest prayer; as we read that at other times "He withdrew Himself into the wilderness and prayed." Christians who would be like HIM spend their Lent in prayer and fasting too.

Lent, then, is a season more especially intended for those who love God, and are trying to serve HIM. It is to help them, by means of holy Christian discipline, to serve HIM better and to love HIM more.

The following advice of BISHOP PATRICK, a holy and learned Divine of the English Church of the 17th century, may prove useful: "Let every one of us, all this Lent, retire ourselves as much as possible, making no visits, nor willingly receiving any, if nothing but civility oblige us to it. Let the consideration of the Divine mercy towards mankind move us to afflict ourselves with fasting; or, if that cannot be, with spare diet. Make no feasts, nor accept of invitations to them. Leave the playhouse empty, make the Churches full, give alms liberally, and spend the time when you come from Church in setting all things right at home."

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The following headings may assist persons in framing a rule for themselves. If they require advice upon the subject, it will be gladly given by the Pastor of this Church.

1. Rising and going to Rest.

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2. Receiving the Blessed Sacrament.

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3. Attendance at the Blessed Sacrament.

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Attendance at Mattins.

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Attendance at Evensong.

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Attendance at Litany.

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4. Meditation.

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Spiritual Reading.

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Private Prayer.

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5. Fasting.

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6. Almsgiving.

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Begin and end each day with Psalm 139 as an Act of the Presence of God.

Persons desirous of instruction or of preparation for Holy Baptism, Confirmation, or Holy Communion are invited to give in their names to the Priest in charge after any of the services.

Lent.

Mission Church of S. John Baptist,
PORTLAND.

Services and Courses of Sermons

BY THE PRIEST IN CHARGE.

Holy Eucharist.—On all Sundays at 8 a.m., with an additional Celebration at 9.30 a.m., on March 19th. On Ash Wednesday, S. Matthias' Day, The Ember Days, Festival of the Annunciation—Monday, Tuesday, Wednesday, Thursday, and Saturday in Holy Week, and all Thursdays at 7.30 a.m.

The other Services on Sundays as usual—11 a.m., 4 p.m., 7.30 p.m.

Daily Services.—MATTINS, 9; LITANY, 12; EVENSONG, 5.30 p.m., except on Sermon Nights, as indicated below.

Ash Wednesday.—(Additional) Communion Service and Sermon at 7 p.m.
Subject; "The Discipline of the Primitive Church."

Sermons.

Wednesday Course AT EVENSONG, 8 p.m.

Subject: THE SIGNS OF TRUE REPENTANCE.

March 1. "Sorrow for Sin."	March 22. "Desire of Reparation for Sin."
March 8. "Confession of Sin."	March 29. "Desire of Self-Sacrifice."
March 15. "Forsaking of Sin."	

Sunday Courses. — MORNING, 11 A.M.

Feb. 26. 1 S. in Lent (Ember Wk.)	"Prayer for God's Ministers."
Mar. 5. 2 S. in Lent.	"Fervent Persevering Prayer."
Mar. 12. 3 S. in Lent.	"Final Perseverance."
Mar. 19. REFRESHMENT SUNDAY.	"The Real Presence."
Mar. 26. PASSION SUNDAY.	"The Eucharistic Sacrifice."
April 2. PALM SUNDAY.	"The Presence of Jesus a Moving Presence."

EVENING, 7.30 P.M.

Feb. 26.	1 S. in Lent.	"The Single-handed Combat."
Mar. 5.	2 S. in Lent.	"Recorder Conscience."
Mar. 12.	3 S. in Lent.	"The Visible and Invisible Work of the Devil."
Mar. 19.	REFRESHMENT SUNDAY.	"The Bread of Life."
Mar. 26.	PASSION SUNDAY.	"No Cross, No Crown."
April 2.	PALM SUNDAY.	"The Tears of Jesus."

There will be Sermons, also, at Evensong (8 p.m.) on the Vigils of S. Matthias, and the Annunciation, February 23d and March 24th. Also, Lectons at Evensong (5.30 p.m.) on S. Chad. Bp. (March 2); S. Perpetua M. (March 7); S. Edward K. M. (March 18); S. Benedict Ab. (March 21).

Holy Week. — SERMONS AT EVENSONG (8 P.M.) DAILY.

April 3.	MONDAY.	"Warning against Empty Professions."
April 4.	TUESDAY.	"The Test Question."
April 5.	WEDNESDAY.	"Warning of a Lost Vocation."
April 6.	MAUNDY THURSDAY.	"The Last Legacy and Command of Jesus."

Good Friday.

9 a.m. — MATTINS AND ANTE-COMMUNION SERVICE.

12 to 3 p.m. — MEDITATIONS on the Seven Words of Jesus from the Cross, with appropriate Hymns and Devotions.

8 p.m. — EVENSONG AND SERMON. "The attraction of Jesus Christ crucified."

EASTER EVE. — FIRST EVENSONG OF THE FESTIVAL, 8 P.M.

Easter Day.

8.00 a.m. — HOLY EUCHARIST.

9.30 a.m. — HOLY EUCHARIST, CHORAL.

11.00 a.m. — MATTINS and SERMON. "The Easter Triumph of Jesus."

4.00 p.m. — LITANY and CATECHISING.

7.30 p.m. — EVENSONG and SERMON. "This is the Day which the Lord hath made."

MONDAY AND TUESDAY IN EASTER WEEK.

7.30 a.m. — HOLY EUCHARIST.

9.00 a.m. — MATTINS.

8.00 p.m. — EVENSONG and SERMON. *Monday*, "First to Mary Magdalene."
Tuesday, "The Journey to Emmaus."

○ GOD, forasmuch as without Thee we are not able to please Thee, mercifully grant that Thy Holy Spirit may in all things direct and rule our hearts, through Jesus Christ our Lord. Amen.

JOHN M. DAVENPORT,
Priest in Charge.

It is proposed, if a sufficient number of persons be found willing to undertake the duty, to hold a Watch in the Church from 6 p.m. on Maundy Thursday to 9 p.m. on Good Friday. Subjects of Meditation suitable for the various hours of the night and day will be provided.